

ESTEBAN SANZ VÉLEZ

Composer, conductor, educator and researcher. Graduate in Music Theory, Piano, Composition and Conducting. Musical and training strategies advisor at the Botín Centre. Music specialist of the Education Area of the Botín Foundation. Esteban has released numerous works and has received several awards and the commission of different pieces. Founder and director of the Lyric Choir of the Palacio de Festivales of Santander (1996-2010). Founder (2017) and director of the Ensemble Instrumental de Cantabria (ENSEIC). Author of musicological publications. Regular lecturer, teacher of training courses and juror.

Hymn to creativity

In the same way that we all live surrounded by air, we also live surrounded by sound... we are floating constantly in a fantastic ocean of sound. Since sound is a vibration, it is not only an exterior feeling, it is also an interior sensation. However, we do not usually realize about this. That is why during this experience we will explore and enjoy, using music, different inspiring activities that generate well-being and that will help us expand our creative openness. The melodies and sounds that we will generate ourselves will be the means to discover a new way of perceiving our surroundings.